

Little Ways
to be an
Ally to GNC
folks!



@xlongarmstaplerx

1. rework your
default language

ie: don't make
assumptions
when addressing
people

("hi guys," "ok
ladies")

2. remember
that gender is
NOT a binary!

It's a beautiful
and vast

spectrum



3. There is no
one "right" way
to be non-binary
or gender
nonconforming

Don't assume
someone's gender
based on their
presentation

4. Use the
pronouns someone
tells you they use!

A: "I use Neutral
pronouns, not
she/her"

B: "ok! can I use
they?"

A: "Sure!"

5. Correct your cis friends when they mess up!

As a non-binary person, it's honestly exhausting to constantly correct people, especially if we just met or barely know each other.

6. Brush up on your trans terminology!

6.5: ASK (respectful) questions when you'd like clarification!

7. Most importantly,
someone's
gender identity/
presentation is
NOT ABOUT YOU!
be respectful!

